










Year 2

PSHE: How do we keep safe?

Key Vocabulary		
	Empathy	The ability to understand and share the feelings of another person.
	Resilience	The capacity to recover quickly from difficulties; toughness.
	Integrity	The quality of being honest and having strong moral principles.
	Responsibility	The state or fact of having a duty to deal with something or of having control over someone.
	Consent	Permission for something to happen or agreement to do something.
	Awareness	Knowledge or perception of a situation or fact.
	Safety	The condition of being protected from or unlikely to cause danger, risk, or injury.
	Communication	The imparting or exchanging of information by speaking, writing, or using some other medium.
	Well-being	The state of being comfortable, healthy, or happy.

Sticky Knowledge	
PSHE2.2	Understand the vital role of emergency services in keeping us healthy, especially during events like COVID-19, which highlighted their importance and led to lasting changes in how we respond to health crises. PSHE2.16: Know that household products, including medicines, can be harmful if not used correctly and should always be handled with care.
PSHE2.17	Learn what steps to take if there is an accident and someone is hurt, including staying calm and seeking help.
PSHE2.18	Understand how to get help in an emergency by dialling 999, knowing what to say, and providing important information like your date of birth
PSHE2.19	Be aware of the different things people can put into their bodies and on their skin, and how these substances can affect their health
PSHE2.20	Know that it is important to tell a trusted adult if something about their family makes them feel worried or unhappy.
PSHE2.24	Understand how people may feel if they experience hurtful behaviour or bullying, and the importance of empathy.
PSHE2.26	Recognize situations when they should ask for permission and when their permission should be sought by others.
PSHE2.27	Learn basic techniques for resisting pressure to do something they don't want to do and that may make them unsafe.
PSHE2.28	Understand the importance of not keeping adults' secrets, except for happy surprises that others will find out about eventually.
PSHE2.29	Know that sometimes people may behave differently online, including pretending to be someone they are not, and how to stay safe.
PSHE2.15	Learn basic rules to keep safe online, including what personal information is and what should be kept private, and the importance of telling a trusted adult if they come across something that scares them.
PSHE2.25	Understand that hurtful behaviour, both offline and online, including teasing, name-calling, bullying, and deliberately excluding others, is not acceptable; know how to report bullying and the importance of telling a trusted adult.
PSHE2.34	Know about the different roles and responsibilities people have in the community and how everyone contributes to making it a better place.



Sticky Knowledge

	We have to visit a dentist and have to brush our teeth twice a day to support good dental health.
	We have to wash our hands regularly to stop germs from spreading.
	We are all unique and different and we need to value everyone.
	Our DSL's in school are people who keep us safe and they are Mrs Worthington, Miss Newson, Miss Dunford and Miss Tomkinson.
	To keep safe online I need to make sure I have a password and do not share personal information.
	I can recognise and name different emotions and know how to respond when I am feeling different emotions.
	I know that playing outside, doing things I enjoy, spending time with family and getting enough sleep will help me feel good.
	I know a range of trusted adults I can speak to when I am feeling worried or I have something to share.



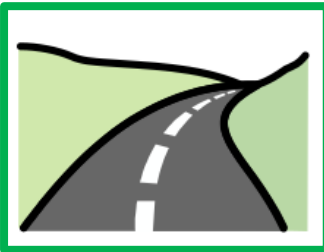
Internet Safety



Water Safety



Recognising Emotions



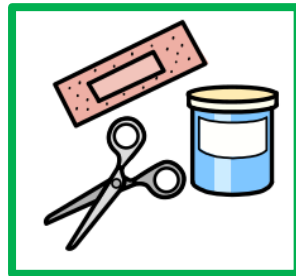
Road Safety



DSL's People who keep us safe in school



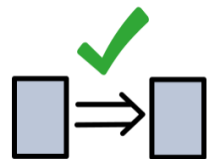
Recognising emergencies and what to do



First Aid



Tram Safety



Cause and Effect

Our learning links to the concept of cause and effect. As role models, we are exploring our emotions and how we can create different situations and the effect on these.



Anti-Bullying